

Middle East Region Staff College 2009

WHAT TO BRING

- Personal computer or laptop (CRITICAL TO SUCCESS – at least one member of each group should have a computer with an ethernet card. Wireless access is available on campus but may not be available to us.)
- Ethernet cable (wireless may not be available)
- Printer and paper Other PC peripheral equipment that you consider necessary.
- Extension cord.
- Notepaper and pen/pencils.
- Alarm clock.
- Small (4-cup) coffeepot and related supplies/condiments (if you can't wait for the dining facility to open for your morning coffee or tea).
- Hangers for your clothes - there are few hangers, if any, left in the closets.
- Laundry detergent and dryer sheets (There will be limited time for laundering; on-campus laundry facilities are away from the billeting area and are coin machines.)
- Travel Iron and Board
- Extra towels, soap, shampoo and other personal toiletry articles and container to hold toiletries
- Extra blanket and pillow, if desired

- Fitted sheet (only flat sheets are in the linen set provided by the college)
- Any special personal requirements for the bed – i.e., hypoallergenic items, mattress pad or “egg crate” for college-size twin bed), etc.
- Personal medications and medical supplies, such as aspirin/Tylenol/ibuprofen, antacids, band-aids, etc.

There are stores in the area (i.e., Walmart & CVS), but you will not have a lot of spare time to go shopping, so bring anything else that is not on this list you think you might need. And please remember – you may not leave campus without permission.